



ECSD Center for Health and Wellness

Extensive service offerings to spark your health journey



Prevention

Health Screenings

- Annual Exams
- Blood Pressure
- Body Mass Index
- Cholesterol
- Glucose
- School, Camp, and Sports Physicals

Health Coaching

- Nutrition
- Physical Activity
- Tobacco Cessation
- Stress Management
- Weight Loss

Chronic Condition

- Coaching
- Arthritis
- Asthma
- COPD
- Depression
- Diabetes
- Heart Health
- Low Back Pain
- Sleep Apnea
- Educational Offerings



Lab Services

Blood work and lab tests processed at the center include hemoglobin A1C, lipid panel, glucose, rapid strep, mono, urinalysis, oxygen saturation, and pregnancy. Additional lab tests can also be drawn and sent to an outside lab for processing.



Physical Therapy

- Physical Assessments
- Range And Motion Testing
- Treatment Plans



Sick Visits

- Bronchitis
- Common Cold
- Constipation
- Cough
- Diarrhea
- Eye Infections
- Headache
- Joint Pain
- Nausea and Vomiting
- Nosebleed
- Sinus Infections
- Skin Infections
- Strep Throat

Privacy

The care you receive by Marathon Health is confidential and protected by state and federal law.

SCHEDULE AN APPOINTMENT

Learn more about eligibility, cost and health center info by scanning the QR code or calling 850-444-3400 | my.marathon-health.com

