

# Frequently Asked Questions

## About the ECSD Center for Health & Wellness

### LOCATION

915 E. Fairfield Dr.  
Pensacola, FL 32503

### CENTER HOURS

M & W: 6 am - 5 pm

T & Th: 6 am - 7 pm

Fri: 6 am - 12 pm

Sat: 8 am - 12 pm

### PHONE

850-444-3400

### TO SCHEDULE APPOINTMENTS

Please call the phone number listed with the location above or go online at [www.marathon-health.com/myphr](http://www.marathon-health.com/myphr)

See page 8, Step 4 for instructions to schedule an appointment online.

### Why is the Escambia County School District providing healthcare services to us at work?

An important part of having a good life is having good health. To help you achieve and maintain good health, the Escambia County School District is providing healthcare at work. This benefit is designed to increase access to high quality care, help you better understand your own health, and provide you with the tools to address any areas of concern.

### Why should I go to the Center?

The Center is a convenient place for all eligible participants to obtain preventive and sick care as well as health coaching and condition management. There are several benefits for using the Center:

- **Time:** Little or no waiting – most appointments are complete in about 20 minutes, unless your appointment is for a one-time Comprehensive Health Review.
- **Cost:** Healthcare and coaching services are free or available for a small co-pay depending on coverage by a District health plan.
- **Convenience:** Fast access to care for diagnosis and treatment of illness or injury.
- **Efficiency:** No need to drive long distances for an appointment or lab test.

### Who operates the program?

Marathon Health is our onsite health center partner, dedicated to bringing quality health services to the workplace by providing medical care, guidance to help better understand health risks and conditions, and support to help people manage their health. Marathon Health operates health centers nationwide, with a focus on helping people become more active in their own health and healthcare.

### Who staffs the Center?

The center is staffed with a full clinical staff including a physician, physician assistants (PA), a registered nurse, medical assistants, and a practice support specialist. Depending upon the nature of your visit, you will have an appointment with the clinician who is best suited for your appointment type. If you are going to the center for health coaching, you will most likely have a visit with the registered nurse who is specifically trained in prevention and health coaching. When you visit for sick care, you will be seen by either the physician or a PA. Many private doctors' offices operate similarly. You may also be seen by a medical assistant or practice support specialist who is available to help you schedule appointments, access your health reports online, and answer any questions you may have about the center or the services you receive.