## Scenic Heights - Bulldog Bulletin

## Newsletter 04/14/25

April 10- Pensacola Historic Village

- (Durant/Jones) April 12- Sunshine Math Competition-Math team only
- April 15- Kindergarten program (Austin's music classes)
- April 16- First Grade NAS fieldtrip

April 17- Kindergarten program (Gresham's music classes)

**April 18- NON-STUDENT DAY** Please enjoy the long weekend with family!



**April 22**- Little Caesars Spirit Day Earth Day

April 28– May 2 Teacher Appreciation Week



May 1– FAST ELA Testing– 5<sup>th</sup> grade, K–2 ELA testing May 2– FAST ELA Testing– 4<sup>th</sup> grade May 5– K–2 Math Testing May 7– FAST ELA Testing– 3<sup>rd</sup> grade May 8– FAST SCIENCE Testing– 5<sup>th</sup> grade May 9– FAST MATH Testing– 4<sup>th</sup> grade May 13– FAST MATH Testing– 5<sup>th</sup> grade May 14– FAST MATH Testing– 3<sup>rd</sup> grade Principal - Shelly Cox Assistant Principal - Kristin Arnold

Congratulatíons, Students of the Month: Amelía Ramírez-2nd Greyson Johns-3<sup>rd</sup>



## **Coach's Corner**

Not drinking enough water throughout the day can leave you feeling sore, tired, and unfocused. How much water should you be drinking? The answer depends on multiple factors, including your health, diet, physical activity, and general lifestyle. You've probably heard the 8 glasses a day rule, but it's a bit tricky because people also get hydration from other beverages and from fruits and veggies, too. In general, you can stay appropriately hydrated by drinking water throughout the day, and if you feel thirsty. If you live in a warmer climate or are more active daily, you may need to drink more water.



