

November 2024

PANTHER TALES

UPCOMING EVENTS

- November 1, 8, 15, 22 PTA School Spirit Sales
- November 1 Pensacola Opera Performs for 4th Grade
- November 2-3 Great Gulf Coast Art Festival 10- 4pm
- November 4 – December 6 Manna Food Drive
- November 6 Early Release Day 12:20
- November 8 Veterans Day Program 9 am
- November 11 Veterans Day Holiday
- November 12 SAC Meeting 9 am
- November 13 Turkey Trot
- November 15 Kona Ice
- November 20 PTA MEGA Party
- November 22 Kindergarten Turkey Day
- November 25-29 Fall Break



- December 9-13 PTA Panther's Merry Market
- December 12 Holiday Pictures/Make Up Pictures
- December 19th 5th Grade Presents Jingle Bell Jukebox/ The Flip Side
- December 20 End of Second Nine Weeks
- December 20 Early Release Day 12:20
- December 23-January 6 Winter Break
- January 6 Teacher Planning Day
- January 7 Back to School for Students
- January 13 Reports Cards in FOCUS



GREAT GULF COAST ARTS FESTIVAL

WHEN: November 1-3
9-5 Friday & Saturday
9-4 Sunday

**CHILDRENS FESTIVAL:
10-4 SATURDAY & SUNDAY ONLY**

WHERE: Seville Square
Come See Our Student's Masterpieces!

(Participants names are at the end of this newsletter.)



NOVEMBER 1 @ 9 A.M.

Pensacola Opera will perform
Mato: The Bear Who Couldn't Fish
for fourth graders in the cafeteria.

**Early
Release
Wednesday**



NOVEMBER 6

**School releases at 12:20
Please be on time at dismissal!**

Veterans Day Program



**Friday, November 8
@ 9:00 a.m.**

**Please return your RSVP!
Questions or concerns?
Call 850-494-5630 Ext. 526311**

Veterans Day Holiday

November 11

VETERANS DAY
HONORING ALL WHO SERVED

Pine Meadow Annual Turkey Trot



November 13th

How it Works:

A course will be set up around the school and students will participate by classes.

Every time a student crosses the starting line, they earn a turkey feather.

There will also be ways to earn more feathers throughout the course.

All feathers will be deposited in a class envelope.

The class who collects the most feathers in each grade level will win a pizza party for their class.



To Purchase & Customize Your Yearbook

(Must be a parent or student 13 years or older)

1. Go to www.treering.com/validate
2. Enter your school's passcode:
1012923600032466

Price: \$20.22



When: NOVEMBER 15th

What: Kona Ice

Cost: \$4.00

All students will be able to purchase this cool treat after lunch at the gates behind the gym.
Information coming home soon!

NOVEMBER 20

**MEGA
PARTY**

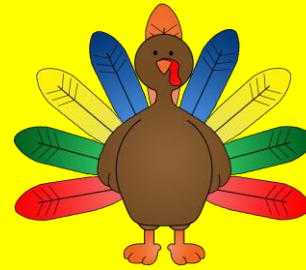
If your student sold 15 items for cookie dough sales, they get to attend this party! Students will enjoy an obstacle course, popcorn, and cotton candy. Thank you to all who participated in this fundraiser!



THANK YOU...

Parents, teachers, PTA, volunteers, and students thank you for making our Book Fair a success! The money will be used to replace and purchase new books for the library!

**Kindergarten Turkey Day
November 22**



Kindergarten classes will have our annual Thanksgiving breakfast "Turkey Style" on Friday, November 22nd. Parents are asked to send in items on or before Monday, November 18th. Due to space and time restraints this is a student only event. Thank you for your continued support!

Happy Fall Break!



November 25-29



CONGRATULATIONS ELISHA MOTTS!

Elisha Motts from Mrs. Brown's 5th Grade Class won 4th Place/ Honorable Mention in the Pensacola Symphony Art Contest. This art contest coincides with 5th Graders learning about composers and what inspires them. The 5th grade listened to an Overture from Westside Story and had to create artwork inspired by what they heard.

FIVE PRACTICAL TIPS TO TEACH EMPATHY AND GRATITUDE TO YOUR CHILDREN by Dr. Karyn Gordon

Most parents admit they want their children to be more empathic, compassionate, and appreciative. Not only are these virtues cornerstones of Emotional Intelligence, (EQ), but they are also critical for the development of other important skills such as conflict resolution, effective communication, and leadership. So, how do parents teach these critical values to their children when we live in a culture of overindulgence?

5 practical tips parents can use to build empathy and gratitude within their children.

1. Fill their emotional bucket. Research tells us that when a child feels that their parents understand their feelings, they are more likely to open up and share things. Modeling these virtues for your children will not only help them feel loved but will increase their sense of security and their trust with you. The last time your child was upset, angry or hurt, how did you respond? Did you tell them to brush it off, or did you get defensive? Or did you try to see things from their perspective and empathize with how they were feeling?

2. Try to understand. Whether your child is upset with you or with a friend, take time to understand what they are going through. Try and use the phrase, "Can you help me understand how you are feeling?" The goal is to try and see things from your child's perspective. When children feel understood, they're more willing to listen to other people's point of view.

3. Ask, don't tell. A common mistake for parents to make when their child is upset is to tell them how they feel instead of asking them. Try and avoid statements like, "I know how you feel." Instead, ask your child, "How do you feel?" If they can't explain it, give them some options. For example, you can ask them, "Are you angry, sad or upset?" When children are given options, they are better equipped to articulate how they feel.

4. Switch roles. The next time you have a disagreement with your child, wait until you are both calm and then try to switch places and role-play with one another. This can be a powerful way to help people see things from another person's perspective. Remember there is no reality - only perception.

5. Make gratitude part of your family culture. When teaching gratitude to your children, remember to say, "Please" and "Thank you" at restaurants, to neighbors, to strangers and to each other. When families say thank you regularly, it creates a culture of appreciation. It makes others feel good, but also helps to build empathy and models desirable behavior in your children.

HOLIDAY FOOD DRIVE NOVEMBER 4 – DECEMBER 6



Please join ECPS in collecting nonperishable food items for Manna Food Bank

ALL nonperishable food donations are appreciated!



Financial contributions may be made at www.mannahelps.org

Please click the "in Honor or Memory of" button and enter "ECPS" in the field so your donation will be added to the ECPS event.

There is Always something to be Thankful for...

Newsletter created by Angie Stepherson

Ms. Peery and Ms. Vowell



Kids Art Show: Bartram Park

211 Bayfront Parkway

Pensacola, Florida

Saturday & Sunday

November 2-3 from 10 AM- 4 PM

Bartram Park is the site of the Children's Arts Festival
Feel free to check out the website for more information.

<https://www.ggaf.org/>

Congratulations to the Artists who have been selected to represent Pine Meadow Elementary at the Great Gulf Coast Arts Festival this weekend!

Antonella Aguilar
Myla Arancibia Guevara
Vance Beeks
Harley Clanton
Ella Davis
Finnley Davis
Amaelia Fowler
Abrianna Franklin
Scarlett Lenn
Emme Pierce
Sawyer Vann
Kenzie Washington