

Scenic Heights - Bulldog Bulletin

Newsletter 4/29/24

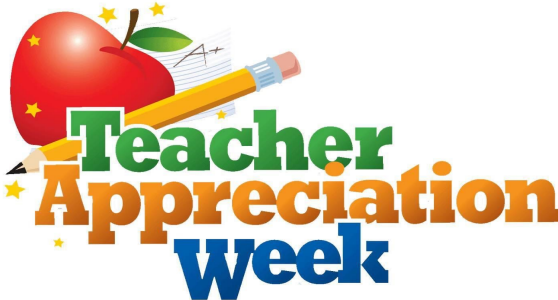
Principal - Shelly Cox
Assistant Principal - Kristin Arnold



CALENDAR



April 29- May 3
Teacher Appreciation Week



Scan for Teacher Favorites Forms

Teachers completed surveys about things they like- take a look by scanning the above QR code.

May 1 Third/Fifth grade FAST PM3 ELA
May 2 Fourth grade FAST PM3 ELA test
May 3 KG-2nd STAR ELA test
May 7 Third/Fifth FAST PM3 Math test
May 8 Fourth grade FAST PM3 Math test
May 9 Fifth grade FL Science Test
May 10 KG-2nd STAR Math test
May 17 5th Grade Banquet
May 22- Last day for students- Early Release Day/ Report Cards Posted

Congratulations to Ms. Calder, our fabulous media specialist, for being chosen as the winner of the Gleason award for 2024!!



Coach's Corner

Anxiety is when you feel extra worried or nervous about something that might happen. It can make you feel restless, have trouble focusing or even lose sleep.

Here are 5 tips that can help you reduce anxiety:

1. Practice deep breathing exercises preferably with mindfulness.
2. Engage in regular physical activity.
3. Do an activity or action that gives you a sense of accomplishment or works towards a goal.
4. Maintain a healthy diet.
5. Seek support from friends, family or a therapist.

Remember, it's okay to ask for help. Taking care of your mental health is important, and there are lots of ways to feel better!

TESTING



STATE TESTING BEGINS THIS WEEK!

It is important for students to be here each day ready to learn and show what they know.

Please encourage students to get a good night's sleep, eat a good healthy breakfast, and remember all needed items.

Do NOT bring cell phones, blue tooth watches or ear buds as those items are NOT allowed!

Students have worked hard- it's time to show it! Check the calendar for specific days of testing!

Kindergarten "Barnyard Moosical"



BUY THE YEARBOOK

Don't Forget to order yearbooks online!

Partners in Education

Thank you for giving back to our school. Your support is appreciated!

TIJUANA FLATS
tex - mex

Bubba's
33

Little Caesars

TEXAS ROADHOUSE